



# New Westminster Family Place

A family resource program for families with children from newborn to 5 years old

## January 2010

Sun	Mon	Tues	Wed	Thu	Fri	Sat
					1 NEW YEAR'S DAY!!  Closed	2 Closed
3	4 Closed	5 Drop In  Clothing Exchange Drop In	6 Drop In  Movie and Popcorn Office Hours	7 Drop In  Child Development~~ Nobody's Perfect	8 Drop In ~~ Office Hours	9 Drop In
10	11 Drop In ~~ Drop In	12 Drop In  ~~ Drop In	13 Drop In Eye Care for Children  Office Hours	14 Drop in  ~~ Nobody's Perfect	15 Drop in  ~~ Office Hours	16 Drop In
17	18 Drop In  Speech and Hearing ~~ Drop in	19 Drop In Pasta Morning  Clothing Exchange Drop in	20 Drop In  Family Yoga ~~ Office Hours	21 Drop In  ~~ Nobody's Perfect	22 Drop In  ~~ Office Hours	23 Drop In
24	25 Drop In  ~~ Drop In	26 Drop In ~~ Drop In	27 Drop In  Teddy Bear Picnic Office Hours	28 Drop In  ~~ Nobody's Perfect	29 Drop In  Birthday Party ~~ Office Hours	30 Drop In
31						

### Main Site Drop-in Hours

Monday - Saturday 9:30 - 11:30

Monday - Tuesday 1:00 - 3:00

### Drop-in at Royal City Centre Mall

Fridays from 9:30 - 11:30

### Immigrant Grandparent Program at Royal City Centre Mall

Fridays from 12:15 - 2:20 pm

**New Westminster Family Place**  
**101 - 93 Sixth Street, New Westminster 604-520-3666**

**Nobody's Perfect Parenting Program** is for parents of children aged 0 – 5, running for 6 consecutive Thursdays from 1:30 – 3:30. The next session will start January 7<sup>th</sup>, 2010 . Childminding is provided and pre-registration is required.

**Royal City Centre Mall Drop-In** Fridays from 9:30 – 11:30 in the community room at the Mall (located at 6<sup>th</sup> Street & 6<sup>th</sup> Avenue). **\*\*Please note:** This program will be closed for Christmas holidays and will re-open January 8<sup>th</sup>, 2010

**Immigrant Grandparents on the Go** for immigrant grandparents and their grandchildren (0 – 5 years old). Our Settlement Worker provides a program for grandparents to learn about Canadian culture, practice English and make connections in their new community. The children learn new skills while having fun in the playroom. Fridays from 12:15 – 2:20 pm in the community room at the Royal City Centre Mall (located at 6<sup>th</sup> Street & 6<sup>th</sup> Avenue). These programs are funded by the United Way of the Lower Mainland.

**\*\*Please note: This program will be closed for Christmas holidays and will re-open January 8th, 2010**



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### **Dates to Remember in January:**

- Jan 5 & 19 Clothing Exchange – free used children's clothing in the morning and afternoon.  
\*\* Please note: the clothing exchange is open to Family Place clients only
- Jan 7 Child Development Specialist will be here to provide information and answer questions about your child's development and resources for children needing extra support  
10:00–11:00
- Jan 18 Speech & Hearing Specialist will be here to provide information and answer questions about your child's speech and hearing.  
10:00 – 11:00
- Jan 19 Pasta Morning! The children receive a hot pasta snack in the morning session. There will be a nutritious snack served in the afternoon session.
- Jan 27 Teddy Bear Picnic – bring your child's favorite teddy bear to enjoy our indoor picnic.
- Jan 29 Birthday Party for all of the children who have had a birthday this month. Be sure to ask if your child is registered in our birthday book.
- Nov 27 Birthday Party for all of the children who have had a birthday this month. Be sure to ask if our child is reg-

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### **Parent Education Classes**

Childminding is provided. Please arrive promptly at 9:30 to settle your children in the playroom.

- Jan 6 **Movie & Popcorn:** relax and enjoy a video while we take care of the children.
- Jan 13 **Eye Care for Children:** your child's vision is very important. Join an eye care professional to learn how to care for your child's eyes.
- Jan 20 **Family Yoga:** stretch, breathe and relax with a certified yoga instructor. Children will participate with their parents.

**Family Place will be closed for the Holidays and will re-open  
Tuesday, January 5, 2010.**