



New Westminster Family Place

A family resource program for families with children from newborn to 5 years old

May 2010

Sun	Mon	Tues	Wed	Thu	Fri	Sat
						1 Drop In
2	3 Drop In ~~ Drop In	4 Drop In Clothing Exchange Drop In	5 Drop In SFU Info. Children ~~ Office Hours	6 Drop In ~~ Nobody's Perfect	7 Drop In ~~ Office Hours	8 Drop In
9	10 Drop in ~~ Drop In	11 Drop In ~~ Drop In	12 Drop In SFU Info. Children ~~ Office Hours	13 Drop In Child Development ~~ Nobody's Perfect	14 Drop In ~~ Office Hours	15 Drop In
16	17 Drop In Speech & Hearing ~~ Drop In	18 Drop In Pasta Morning Clothing Exchange Drop In	19 Drop In Family Yoga ~~ Office Hours	20 Drop In ~~ Nobody's Perfect	21 Drop In ~~ Office Hours	22 Drop In
23	24 CLOSED FOR VICTORIA DAY	25 Drop In ~~ Drop In	26 Drop In Job Development ~~ Office Hours	27 Drop In ~~ Nobody's Perfect	28 Drop In Birthday Party! ~~ Office Hours	29 Drop In
30	31 Drop In Public Health Nurse ~~ Drop In					

Main Site Drop-in Hours

Monday - Saturday 9:30 - 11:30
Monday - Tuesday 1:00 - 3:00

Drop-in at Royal City Centre Mall

Fridays from 9:30 - 11:30
Immigrant Grandparent Program at Royal City Centre Mall
Fridays from 12:15 - 2:20 pm

New Westminster Family Place
101 - 93 Sixth Street, New Westminster 604-520-3666

Nobody's Perfect Parenting Program is for parents of children aged 0 – 5, running for 6 consecutive Thursdays from 1:30 – 3:30. The next session will start May 20th . Childminding is provided and pre-registration is required.

Royal City Centre Mall Drop-In Fridays from 9:30 – 11:30 in the community room at the Mall (located at 6th Street & 6th Avenue).

Immigrant Grandparents on the Go for immigrant grandparents and their grandchildren (0 – 5 years old). Our Settlement Worker provides a program for grandparents to learn about Canadian culture, practice English and make connections in their new community. The children learn new skills while having fun in the playroom. Fridays from 12:15 – 2:20 pm in the community room at the Royal City Centre Mall (located at 6th Street & 6th Avenue). These programs are funded by the United Way of the Lower Mainland.



Dates to Remember in May:

- May 4th & 18th** Clothing Exchange – free used children's clothing in the morning and afternoon.
** Please note: the clothing exchange is open to Family Place clients only
- May 13th** Child Development Specialist will be here to provide information and answer questions about your child's development and resources for children needing extra support.
10:00–11:00
- May 17th** Speech & Hearing Specialist will be here to provide information and answer questions about your child's speech and hearing.
10:00 – 11:00
- May 18th** Pasta Morning! The children receive a hot pasta snack in the morning session. There will be a nutritious snack served in the afternoon session.
- May 28th** Birthday Party for all of the children who have had a birthday this month. Be sure to ask if your child is registered in our birthday book.
- May 31st** Public Health Nurse will be here to provide information and answer questions.
10:00 – 11:00.

Parent Education Classes

Childminding is provided. Please arrive promptly at 9:30 to settle your children in the playroom.

May 5th - & 12th SFU Information Children:

This is a six week parenting program (April 7 – May 12) offered by Simon Fraser University's Information Children. The group will discuss discipline, anger and various parenting issues and techniques. Pre-registration is required.

May 19th – Family Yoga:

Stretch, breath and relax with a certified yoga instructor. Children will participate in this session with parents.

May 26th – Job Development:

Are you looking for work? Learn how the Centre of Integration can help.

Come and enjoy the new children's tables!

Thank you to the New Westminster Firefighters' Charitable Fund for the donation.