

New Westminster Family Place

A family resource program for families with children 0 – 5 years old

February 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Drop In Clothing Exchange Drop In	2 Drop In Children & Bi-lingual Homes ~~ Office Hours	3 Drop In ~~ Nobody's Perfect	4 Drop In ~~ Immigrant Grandparents Program	5 Drop In ~~
6	7 Drop In ~~ Drop In	8 Drop In ~~ Drop In	9 Valentine's Party (pre-register) No Drop In ~~ Office Hours	10 Drop In Child Development ~~ Nobody's Perfect	11 Drop In ~~ Immigrant Grandparents Program	12 Drop In ~~
13	14 Drop In ~~ Drop In	15 Drop In Pasta Morning Clothing Exchange Drop In	16 Drop In Managing Debt ~~ Office Hours	17 Drop In ~~ Office Hours	18 Drop In ~~ Immigrant Grandparents Program	19 Drop In ~~
20	21 Drop In Speech & Hearing ~~ Drop In	22 Drop In ~~ Drop In	23 Drop In Community Kitchen ~~ Office Hours	24 Drop In ~~ Nobody's Perfect	25 Drop In Birthday Party ~~ Immigrant Grandparents Program	26 Drop In ~~
27	28 Drop In Public Health Nurse ~~ Drop In					

Main Site: 101 – 93 Sixth Street, New Westminster, V3L 2Z8

Drop In Hours: Monday – Saturday 9:30 – 11:30 and Monday & Tuesday 1:00 – 3:00

Website: www.nwfamily.bc.ca

Phone: 604-520-3666

New Program at Howay Elementary School - details on the back

New Drop In Program Open At Howay Elementary School

Join us on Thursday mornings from 9:15 – 11:15 in the Kindercare Room for art, playdough, songs and indoor exercise time in the gym. The school address is 91 Courtney Crescent (near 10th Avenue and Cumberland Street)

Immigrant Grandparents on the Go for immigrant grandparents and their grandchildren (0 - 5 years old). Our Settlement Worker provides a program for grandparents to learn about Canadian culture, practice English and make connections in their new community. The children learn new skills while having fun in the playroom. Fridays from 12:30 - 2:30 pm

Nobody's Perfect Parenting Program is for parents of children aged 0 - 5, running for 6 consecutive Thursdays from 1:30 - 3:30. The next session will start February 24th. Childminding is provided and pre-registration is required.

Dates to Remember in February:

- Feb 1st & 15^t** Clothing Exchange - free used children's clothing in the morning and afternoon sessions.
** Please note: the clothing exchange is open to Family Place clients only
- Feb 9th** Valentine's Party – This is a potluck party so bring a prepared food item to share. Families must pre-register for the party. **No Drop In today.**
- Feb 10th** Child Development Specialist will be here to provide information and answer questions about resources for children needing extra support.
10:00 - 11:00
- Feb 15th** Pasta Morning! The children receive a hot pasta snack in the morning session. There will be a nutritious snack served in the afternoon session.
- Feb 21st** Speech and Hearing Therapist will be here to provide information and answer questions.
10:00 - 11:00
- Feb 25th** Birthday Party for all of the children who have had a birthday this month. Be sure to ask if your child is registered in our birthday book.
- Feb 28th** Public Health Nurse will be here to answer any health questions and will bring a baby scale to check you child's weight. 10:00 - 11:00.

Parent Education Classes

Childminding is provided. Please arrive promptly at 9:30 to settle your children in the playroom.

- Feb 2nd** **Children & Bi-lingual Homes:** Do you speak more than one language in your home? Are you concerned about your child's speech development. Join us to learn more.
- Feb 16th** **Managing Debt :** Join a debt management specialist and a bankruptcy lawyer to learn how to deal with financial problems.
- Feb 23rd** **Community Kitchen:** Prepare and taste a healthy recipe and learn about Community Kitchens and how you can become involved in making healthy, inexpensive meals for your family.